



48 Double gold for Royals' Rhiannon



84 From Russia with stories



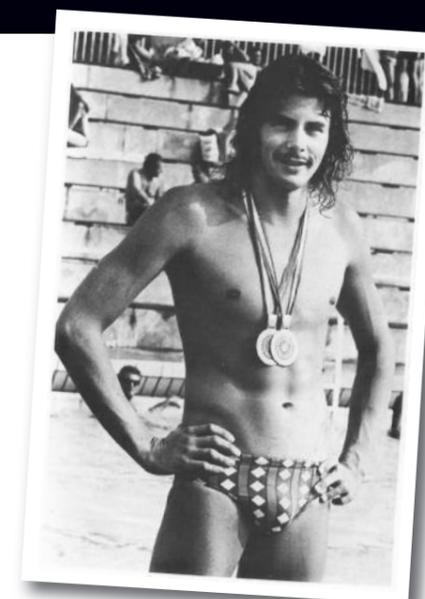
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43 First among equals

He's achieved something that even Michael Phelps can never match - to win the first race in the Olympic pool. Story p43. Picture by Steve Harlow

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